

Los Angeles City Department of Recreation and Parks

SHADOW RANCH

22633 VANOWEN St. WEST HILLS, CA 91307

(818) 883-3637

Tai Chi



Learn an Ancient Art. The best kept secrets of the

SHAO LIN TEMPLES

Class Schedule:

Tuesday 6:00 - 7:00pm ADULTS

For this class please wear loose fit clothing (shorts, t-shirt, sneakers)

8 Classes Class max size: 10